

Tairua Social Support for the Community A to Z January 2020 Compiled by Jean McCann and Liz Young Any mistakes/omissions/changes Phone Jean McCann 8648704			
A to Z	Explanation	Contact person/ Organisation	Phone/Email/Text
MEDICAL EMERGENCIES	Emergencies		111
	AED's - Defibrillators St John Ambulance Station; Tairua Medical Centre; Tairua Community Hall; Pepe Café; 4 Square; Bowling Club; Surf Club	OPEN 24 hours: Fire Emergency NZ; Fishing Club; Gull Service Station; Golf Club; Dutchies Dive Shop.	Available for emergencies.
ABUSE	Elder Abuse helpline: Connects registered nurses who can advise with information and support about elder abuse	24/7free	0800 32 668 65
	Family Violence provides information and support to those affected by Family Harm and connects people to services where appropriate	Information Line	0800 456 450
	Shine wants to make sure that anyone being physically or emotionally abused by a partner or family member in New Zealand has someone to talk to and can get information and professional advice	Shine Helpline	0508-744-633

	Women's Refuge	Crisis line	0800 REFUGE or 0800 733 843 OR Phone 111
	Male Support Services -	Male Support Services Waikato provide crisis phone support, and support and recovery services for sexually abused males.	(07) 858 4112 / 0800 677 289
AGED CARE - all funded aged care needs a visit to the GP who will refer to DSL Thames	Te Korowai Hauora O Hauraki-Thames	Home Help and Personal care Private paid carers	0508 835 676
	Salvation Army Paeroa Vision West Baptist Home care	Home Help and Personal care	TRC and others 0800 222 040
	No longer able to cook?	Meals on Wheels - has to be paid for (\$7 a main meal)	8648720
ALARMS	St. John Medical Alarm recommended.	St John Ambulance Station National	8648813
ANXIETY	Talk to a trained counsellor at the Depression Helpline about how you are feeling or to ask a question.	Depression helpline	0800 111 757 TXT 4202
ALCOHOL DEPENDENCY	The Alcohol Drug Helpline provides friendly, non-judgmental, professional help and advice.	Alcohol Drug Helpline Manaaki Centre Thames	0800 787 797 07 868 0041
CARE AND CANCER SUPPORT	Free practical and emotional support in cases of serious or terminal illness.	Colleen Coyle Dave Dodd Pat (Secretary)	864 7443 864 7633 864 8813

ANIMAL WELFARE	Injured Birds Kuaotunu Bird Rescue (All wild birds except dotterels) S.P.C.A Dog control	Annemieke Kregting Thames TCDC	07 8695695/0276006959 07 8686830 07 8680200
CHILD CARE	Children's Activity Nights once a term arranged by the Elim Church as Parents date nights. KidzMusic sessions at St Francis House for preschool children.	Marlene and Nico Prinsloo Jo Coleman	864 8762 0274400513
CHURCHES		St Francis Anglican Church 248 Main Rd. St Mary's Catholic Church Bennet Drive Tairua Elim Church Community Hall	07 8648727 07 8686169 078648762
CIVIL DEFENCE		Emergency	111
COASTGUARD	<ul style="list-style-type: none"> • In an emergency.... • Need Coastguard Boat (Tairua – Pauanui) • If you're on the water and have a VHF radio, (Download Coastguard App on to Cell phone to log trip reports etc.) 	Gary Reynolds Andrew Gibson The international channel for maritime distress,	Dial 111 and ask for FIRE 0276476938 021701172 Call Channel 16. or VHF Channel 04.

COMMUNITY GARDEN	Share the work in the garden: share the produce. Daphne Rd.	Keryn Drummond	8648397
COUNSELLING	Spiritual and Grief DHB referral via GP to Manaaki Centre, Team visits St Francis House	Church Pastoral Care: Pat Gilberd, Sharon Marr Marlene and Nico Prinsloo	8648727 8647064 8648762
	NLP trained counsellors retired	Jesse Birss and Dave Saunders, Jane Cullinane	0212417458 8647070/021801397
DEPRESSION AND ANXIETY	Talk to a trained counsellor at the Depression Helpline about how you are feeling or to ask a question.	Depression helpline	0800 111 757 TXT 4202
DIFFICULTY expressing feelings		Dave Saunders Jane Cullinane	0212417458 8647070/ 021801397
DISTRICT NURSE	Needs referral from GP		8665280 8.30-9 am 021 759 832
EMERGENCIES	Fire First Response Team	Ron Abbott Brian Hart	021 642 871 027 660 9746
EXERCISE	Upright and Active Monday 10.30 -11.30 “Strength balance fun”	Joel van Doorn	864 9543 021 587 262
FERRY: TAIRUA/PAUANUI	See Facebook page for timetables	Rob See Tairua Chit Chat for daily notices.	027 4970316

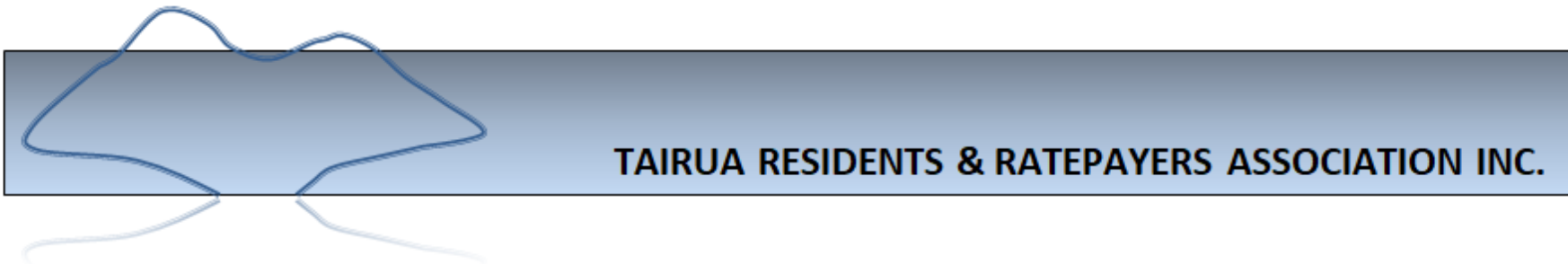
FRIENDSHIP	Tairua Care and Friendship Club providing care, fun and friendship. Meet every Tuesday for a community lunch from 10 a.m. Transport provided is needed. Growing the good/Whakapakaii.	Peter Carverhill Jean Payne	07 864 9555 07 864 7921
FINANCE and BUDGETTING	One on one budgeting and courses held	Elim Church Citizens Advice Bureau Thames Whitianga	07 8648762 07 868 8405 07 866 4476
FIRST AID	Training	Fee applies Free training : Sandra Morris CPR and AED Takes 1-1 ½ hrs First Aid Courses 1 or 2 day	0800 St. John Contact Sandra Morris or Norman Upjohn at St John 8647527
FOOD BANK	Available for anybody in need. Confidential	Sharon Marr	864 7064
GAMBLING	You can talk by telephone or txt counsellors for free any time night or day.	Gambling Helpline	0800 654 655, text us on 8006.
HARBOUR MASTER	For information or concerns about Tairua Harbour re navigation hazards	Stephen.Wise@waikatoregion.govt.nz	021 594 563

HELPLINES	Need to talk? You are assured of confidentiality.	(1737 – free call or text)	
	The Depression Helpline	0800 111 757	
	Healthline	0800 611 116	
	Lifeline	0800 543 354	
	National Poisons Centre	0800 764 766	
	Samaritans	(0800 726 666)	
	Youthline	(0800 376 633)	
	Alcohol Drug Helpline	(0800 787 797)	
INFORMATION - LOCAL	Advertiser Weekly publication contains local interest stories and content as well as advertising, and is delivered to households.	Barry /Keri	864 8170
	Information Centre Provides locals and visitors to Tairua & the Coromandel with information & booking services.	Sam	07 864 7575
	Tairua Chit Chat	Closed Groups	Ask a member to join.
	Coromandel Road Status		
	TCDC		07 8680200
	Refuse Transfer Station, Red Bridge Road		07 864 7639

JUSTICE OF THE PEACE	Tairua and Hikuai	Mrs E A Ball 8 Garden Grove, Tairua Mrs M J Cory-Wright 297 Main Road, Tairua Mrs L J Brooks 10 Chestnut Grove, Tairua Mrs M Jury 2709 Tairua Road, Hikuai	07 864 7794 07 864 8175 07 864 8653 07 8647815
NOTARY		Rennie and Cox 14 Monk Street, Whitianga	0800 736 643
LIBRARY	Tairua	Jen	07 864 7960
LONELINESS	Tairua Care and Friendship Club RSA Veteran and Families Welfare Support	Marie Hodgson	See Friendship 8649149
MARRIAGE COUNSELLING	Elim Church	Marlene and Nico Prinsloo	07 864 8762
MEALS ON WHEELS	Phone your local GP for information or Tairua Residential Care	Reception	8648720
MEDICAL		National Ambulance station Medical Centre Pharmacy Thames Hospital	111 8647527 864 8737 864 8660 07 8680040
MENTAL HEALTH	For families and whānau supporting a loved one who has a mental illness.	Mental Health Crisis Line	0800 800717

NEIGHBOURHOOD SUPPORT	Connecting our communities to promote a safe and harmonious lifestyle for all	Sarah Alves	0211057116 Tairua_ns@yahoo.com
OP SHOP	Unwanted clothing and household items – donate to the Op Shop for resale.	St Francis Church 248 Main Road	864 7064
PARENTING	Courses run by Elim Church	Marlene and Nico Prinsloo	8648762
PLUNKET	Plunket Clinic provides a caring, professional well child and family and whānau service.	Whangamata: Manager: Rosemary	07 865 9754
POST-OPERATIVE CARE	District Nurses		8665280
POLICE	Crime; public nuisance, traffic	Emergencies Non-emergency	111 105 864 8888 if you can't speak to someone record a job and the officer will contact you Cell Ph. *855
PREGNANCY	Peninsular Midwives: Full maternity care	Jocelyn Yates Karen Donald	027 912 4104 02041177332
PUBLIC HEALTH NURSE		Margaret Briggs	021 759 832
REFUSE TRANSFER STATION		Red Bridge Road	8647639
REST HOME	Tairua Residential Care	Manager Nina	864 8720

RESIDENT AND RATEPAYERS ASSOC	If you are passionate about Tairua and want to make sure you are represented on local issues, you should join our Residents and Ratepayers Association.	Jean McCann	021 897204
SOCIAL CLUBS	Focus	Membership: Shirley Pedersen	864 8828
ST JOHN	By joining St John Supporter Scheme, you, your family and your loved ones get the peace of mind knowing that in a medical emergency your ambulance bills are taken care of.	Tairua Ambulance Station Manager: Norm Upjohn	07 8647527
TRANSPORT	Tairua Care and Friendship Club community vans, one with hoist. Providing transport to Hospitals and other medical appointments and shopping. Also available for group trips and organised entertainment. Area covered: Tairua, Hikuai and Pauanui providing a door to door service. ALLTHE DRIVERS ARE VOLUNTEERS. Stronger together/kotahitanga	Marion Goodman	0211375688
VICTIM SUPPORT	We provide victim support by providing information, support, education and advocacy in a safe and confidential environment.	Pat Kake	0800 842846 0800 VICTIM



Social Support for the Tairua Community

Volunteer and Social Services A to Z

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