



TAIRUA RESIDENTS & RATEPAYERS ASSOCIATION INC.

TRRA Social Support for the Tairua Community Volunteer and Social Services A to Z 2021

Compiled by Jean McCann and Liz Young

Any mistakes/omissions/changes - Phone Jean McCann 8648704

**TAIRUA RESIDENTS
& RATEPAYERS
ASSOCIATION.**

**To join email
ratepayers.tairua@gmail.com**

CONTACTS FOR EMERGENCIES

A to Z	Explanation	Contact person/ Organisation	Phone/Email/Text
MEDICAL EMERGENCIES	All Emergencies	Dial first.	111
	AED's - Defibrillators St John Ambulance Station; Tairua Medical Centre; Tairua Community Hall; Pepe Café; 4 Square; Bowling Club; Surf Club	OPEN 24 hours: Fire Emergency NZ; Fishing Club; Gull Service Station; Golf Club; Dutchy's Dive Shop.	Available for emergencies.
MEDICAL CONTACTS		National Ambulance station Tairua Volunteer Fire Brigade Medical Centre Pharmacy Thames Hospital	111 864 7527 864 8663 864 8737 864 8660 07 8680040
CIVIL DEFENCE		Emergency	111
COASTGUARD	<ul style="list-style-type: none"> In an emergency.... Need Coastguard Boat (Tairua – Pauanui) If you're on the water and have a VHF radio, (Download Coastguard App on to Cell phone to log trip reports etc.) 	Gary Reynolds Andrew Gibson The international channel for maritime distress,	Dial 111 and ask for FIRE 0276476938 021701172 Call Channel 16. or VHF Channel 04.
FIRE BRIGADE	Contacts	Chris New Rick Tawa	021 642 871 027 919 0572
POLICE	Crime; public nuisance, traffic	Emergencies Non-emergency if you can't speak to someone, record a job and the officer will contact you.	111 105 864 8888 Cell Ph. *855

TAIRUA

community guide to emergencies



STORMS AND FLOODS/SLIPS

Storms and severe weather can happen at any time of the year, even in the middle of summer. This includes strong winds, heavy rain, and thunderstorms.

Storms often bring localised flooding and they can block access to or from your home or bach.

WHAT TO DO

- Charge all devices while you still have power.
- Secure anything that could cause damage in strong winds (such as outdoor furniture).
- Stay inside and bring your pets inside. If you have to leave, take them with you.
- Take measures to reduce potential flood damage and make sure your insurance policy covers you for flood damage.
- Don't drive through flood waters – your car is not a submarine.
- Don't walk through floodwaters they could be contaminated with raw sewerage or contain dangerous debris.
- Check the tide times. Flooding often happens at high tide and recedes at low tide.
- Listen to the radio and follow the instructions of emergency services.
- Check metservice.com for real-time updates.
- Check TCDC's Facebook page to see what other people around the Coromandel are reporting.
- Have a household emergency plan.



EARTHQUAKE AND TSUNAMI

An earthquake could cause a tsunami. Know the natural warning signs:

- » A violent earthquake that makes it hard to stand up.
- » A vibrating earthquake lasting 1-2 minutes.
- » Sudden tidal changes at the beach or harbour.
- » Loud roaring noises from the sea.
- » The map shows the tsunami evacuation zones.

WHAT TO DO

- Have an emergency plan for your work or household.
- If you experience the natural warning signs, immediately move uphill or inland.
- Listen to the radio and follow instructions of emergency services.



FIRE

Fire can start from natural causes like floods and earthquakes (causing electrical shorts), volcanic activity, lightning strikes and high wind. Low rainfall and drought can also cause an increase in the number of fires started.

WHAT TO DO

- Have an escape plan.
- Decide WHEN you need to escape.
- Make sure your home has smoke alarms.
- Apply for a permit if you want to light open fires in a restricted season.
- Minimise wildfire risk by maintaining "3m" of cleared space, no trees, around your home.
- Drop to the floor and get out of the building or away from the fire.
- Call 111.

GET READY

Communities on the Coromandel Peninsula have a history of being cut off for **3 DAYS** or more.

You may need to take care of yourself before help arrives visit www.getready.govt.nz to help you get ready.

AM I PREPARED?

Do I have an emergency plan for the hazards in my area? getready.govt.nz

Do I have 3 days of emergency supplies? (including medicine)



Do I have an evacuation plan?

- Is my Go Bag packed?
- Do I require assistance – Identify a friend or neighbour that can help you.

Visit www.getready.govt.nz to help you get ready

BE INFORMED.



RECEIVE MOBILE ALERTS

National Emergency Management Agency: getready.govt.nz/prepared/stay-informed/emergency-mobile-alert/



RECEIVE E-MAIL ALERTS

Visit tcdc.govt.nz/subscribe to sign up



UPDATES VIA FACEBOOK

/thamescoromandeldistrictcouncil



DOWNLOAD HAZARD APP

Red Cross Hazard App
GeoNet Geological Hazard App



RADIO STATIONS

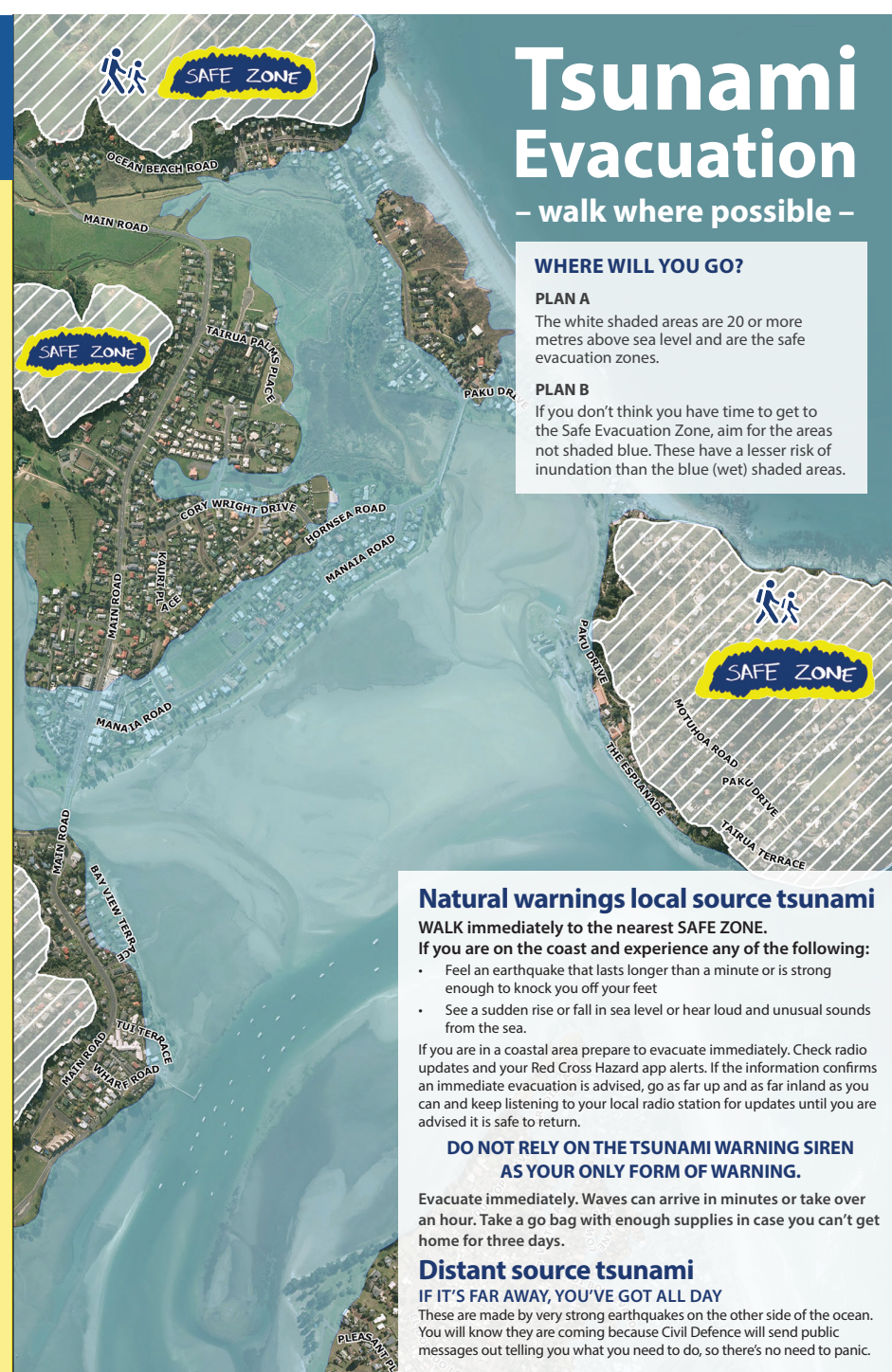
More FM	93.9FM
CFM	95.1FM
The Breeze	96.7FM
Radio NZ	819AM
Newstalk ZB	1008AM



CHECK YOUR LOCAL COMMUNITY NOTICEBOARD

To report issues that are non life or property threatening contact Thames-Coromandel District Council at 07 868 0200.

If at any stage you consider life or property in danger phone 111 immediately



Tsunami Evacuation

– walk where possible –

WHERE WILL YOU GO?

PLAN A

The white shaded areas are 20 or more metres above sea level and are the safe evacuation zones.

PLAN B

If you don't think you have time to get to the Safe Evacuation Zone, aim for the areas not shaded blue. These have a lesser risk of inundation than the blue (wet) shaded areas.

Natural warnings local source tsunami

WALK immediately to the nearest SAFE ZONE.

If you are on the coast and experience any of the following:

- Feel an earthquake that lasts longer than a minute or is strong enough to knock you off your feet
- See a sudden rise or fall in sea level or hear loud and unusual sounds from the sea.

If you are in a coastal area prepare to evacuate immediately. Check radio updates and your Red Cross Hazard app alerts. If the information confirms an immediate evacuation is advised, go as far up and as far inland as you can and keep listening to your local radio station for updates until you are advised it is safe to return.

DO NOT RELY ON THE TSUNAMI WARNING SIREN AS YOUR ONLY FORM OF WARNING.

Evacuate immediately. Waves can arrive in minutes or take over an hour. Take a go bag with enough supplies in case you can't get home for three days.

Distant source tsunami

IF IT'S FAR AWAY, YOU'VE GOT ALL DAY

These are made by very strong earthquakes on the other side of the ocean. You will know they are coming because Civil Defence will send public messages out telling you what you need to do, so there's no need to panic.

Visit www.getready.govt.nz

For more detailed information see
www.waikatoregion.govt.nz/tsunamistrategy



THAMES-COROMANDEL DC
EMERGENCY MANAGEMENT

Tairua Social Support for the Community A to Z January 2021

Compiled by Jean McCann and Liz Young

Any mistakes/omissions/changes: Phone Jean McCann 8648704

ABUSE	Elder Abuse helpline: Connects registered nurses who can advise with information and support about elder abuse	24/7free	0800 32 668 65
	Family Violence provides information and support to those affected by Family Harm and connects people to services where appropriate	Information Line	0800 456 450
	Shine wants to make sure that anyone being physically or emotionally abused by a partner or family member in New Zealand has someone to talk to and can get information and professional advice.	Shine Helpline	0508-744-633
	Women's Refuge	Crisis line	0800 REFUGE or 0800 733 843 OR Phone 111
	Male Support Services	Male Support Services Waikato provide crisis phone support, and support and recovery services for sexually abused males.	(07) 858 4112 / 0800 677 289
AGED CARE - all funded aged care needs a visit to the GP who will refer to DSL Thames	Te Korowai Hauora O Hauraki-Thames	Home Help and Personal care Private paid carers	0508 835 676
	Salvation Army Paeroa Vision West Baptist Home care	Home Help and Personal care	TRC and others 0800 222 040
	No longer able to cook?	Meals on Wheels - has to be paid for (\$7 a main meal)	8648720
ALARMS	St. John Medical Alarm recommended.	St John Ambulance Station National	07 8647527

ALCOHOL DEPENDENCY	The Alcohol Drug Helpline provides friendly, non-judgmental, professional help and advice.	Alcohol Drug Helpline Manaaki Centre Thames	0800 787 797 07 868 0041
ANIMAL WELFARE	Injured Birds Kuaotunu Bird Rescue - All wild birds S.P.C.A Dog control	Annemieke Kregting Thames TCDC	07 8695695/0276006959 07 8686830 07 8680200
ANXIETY	Talk to a trained counsellor at the Depression Helpline about how you are feeling or to ask a question.	Depression helpline	0800 111 757 TXT 4202
CARE AND CANCER SUPPORT	Free practical and emotional support in cases of serious or terminal illness.	Colleen Coyle Dave Dodd Pat (Secretary)	864 7443 864 7633 864 8813
CHILD CARE	Children's Activity Nights once a term arranged by the Elim Church as Parents date nights. KidzMusic sessions at St Francis House for preschool children.	Marlene and Nico Prinsloo Jo Coleman	864 8762 0274400513
CHURCHES		St Francis Anglican Church 248 Main Rd. St Mary's Catholic Church 6 Bennet Drive Tairua Elim Church Community Hall	Pat Gilberd 07 864 8727 07 868 6169 07 8648762
CHRISTMAS BIG WHANAU LUNCH		Community Hall 12.30 for those who miss a big whanau xmas would like to join in the Christmas spirit.	Tairua Elim Church Community Hall 078648762
COMMUNITY GARDEN	Share the work in the garden: share the produce. 2 Daphne Rd.	Keryn Drummond	8648397

COUNSELLING	Spiritual and Grief DHB referral via GP to Manaaki Centre, Team visits St Francis House	Church Pastoral Care: Pat Gilberd, Sharon Marr Marlene and Nico Prinsloo	8648727 8647064 8648762
DEPRESSION AND ANXIETY	Talk to a trained counsellor at the Depression Helpline about how you are feeling or to ask a question.	Depression helpline	0800 111 757 TXT 4202
DIFFICULTY EXPRESSING FEELINGS		Jane Cullinane	8647070/ 021801397
DISABILITY SUPPORT	Disability Support Link (DSL) Waikato Health		07 839 8883
DISTRICT NURSE	Needs referral from GP		8665280 8.30-9 am 021 759 832
ENVIRONMENT SOCIETY	Tairua Environment Society (TES) is a local environmental group of 'do-ers' who feel good about protecting and enhancing the natural splendour of our place. We welcome anyone willing to roll their sleeves up and join us in positive community action.	John Drummond	8648397
EXERCISE	Upright and Active Monday 10.30 -11.30 "Strength balance fun" \$5	Joel van Doorn	864 9543 021 587 262
FERRY: Water Taxi TAIRUA/PAUANUI	See Facebook page https://www.facebook.com/Tairua-Ferry-Services-394593397301605 for timetables Operates from Tairua Marina to Pauanui 4-pm to 10pm	Rob See Tairua Chit Chat for daily notices.	027 4970316 027 THE TAXI (027 843 8294).

FRIENDSHIP	Tairua Care and Friendship Club providing care, fun and friendship. Meet every Tuesday for a community lunch from 10 a.m. Transport provided is needed. Growing the good/Whakapakaii.	Jane Prescott	0211653394
FINANCE and BUDGETTING	One on one budgeting and courses held	Elim Church Citizens Advice Bureau Thames Whitianga	07 8648762 07 868 8405 07 866 4476
FIRST AID	Training	Fee applies. Takes 1-1 ½ hrs. First Aid Courses 1 or 2 day	0800 St. John Contact Kathryn Gillingham at St John 864 7527
FOOD BANK	Available for anybody in need. Confidential	Sharon Marr	864 7064
GAMBLING	You can talk by telephone or txt counsellors for free any time night or day.	Gambling Helpline	0800 654 655, text us on 8006.
HARBOUR MASTER	For information or concerns about Tairua Harbour re navigation hazards	Stephen.Wise@waikatoregion.govt.nz	021 594 563
HELPLINES	Need to talk? You are assured of confidentiality.	(1737 – free call or text)	
	The Depression Helpline	0800 111 757	
	Healthline	0800 611 116	
	Lifeline	0800 543 354	
	National Poisons Centre	0800 764 766	
	Samaritans	(0800 726 666)	
	Youthline	(0800 376 633)	
	Alcohol Drug Helpline	(0800 787 797)	

INFORMATION -LOCAL	Advertiser Weekly publication contains local interest stories and content as well as advertising and is delivered to households.	Barry /Keri	864 8170
	Information Centre Provides locals and visitors to Tairua & the Coromandel with information & booking services.	Eve	07 864 7575
	Tairua Chit Chat	Closed Groups	Ask a member to join.
	Coromandel Road Status		
	TCDC		07 8680200
	Refuse Transfer Station, Red Bridge Road		07 864 7639
JUSTICE OF THE PEACE	Tairua and Hikuai	Mrs E A Stewart Ball 8 Garden Grove, Tairua	07 864 7794
		Mrs M J Cory-Wright 297 Main Road, Tairua	07 864 8175
		Mrs L J Brooks 10 Chestnut Grove, Tairua	07 864 8653
		Mrs M Jury 2709 Tairua Road, Hikuai	07 8647815
LIBRARY	Tairua	Jen	07 864 7960
LONELINESS	Tairua Care and Friendship Club RSA Veteran and Families Welfare Support	Marie Hodgson	See Friendship 8649149
MARRIAGE COUNSELLING	Elim Church	Marlene and Nico Prinsloo	07 864 8762
MEALS ON WHEELS	Phone your local GP for information or Tairua Residential Care	Reception	8648720
MEDICAL CENTRE			864 8737
MENTAL HEALTH	For families and whānau supporting a loved one who has a mental illness.	Mental Health Crisis Line	0800 800717

NEIGHBOURHOOD SUPPORT	Connecting our communities to promote a safe and harmonious lifestyle for all.	Sarah Alves	0211057116 Tairua_ns@yahoo.com
OP SHOP ST FRANCIS CHURCH	Unwanted clothing and household items – donate to the Op Shop for resale.	St Francis Church 248 Main Road	864 7064
PARENTING	Courses run by Elim Church	Marlene and Nico Prinsloo	8648762
PLUNKET	Plunket Clinic provides a caring, professional well child and family and whānau service.	Whangamata: Manager: Rosemary	07 865 9754
POST-OPERATIVE CARE	District Nurses		8665280
POLICE	Crime; public nuisance, traffic	Emergencies Non-emergency	111 105 864 8888 if you can't speak to someone record a job and the officer will contact you Cell Ph. *855
PREGNANCY	Peninsular Midwives: Full maternity care	Jocelyn Yates Karen Donald	027 912 4104 02041177332
PUBLIC HEALTH NURSE		Margaret Briggs	021 759 832
REFUSE TRANSFER STATION		Red Bridge Road	8647639
REST HOME	Tairua Residential Care	Manager Nina	864 8720
RESIDENT AND RATEPAYERS ASSOC	If you are passionate about Tairua and want to make sure you are represented on local issues, you should join our Residents and Ratepayers Association.	Jean McCann Chair Jo O'Sullivan	021 897 204 021 0278 4318
SOCIAL CLUBS	Focus	Membership: Shirley Pedersen	864 8828

ST JOHN	By joining St John Supporter Scheme, you, your family and your loved ones get the peace of mind knowing that in a medical emergency your ambulance bills are taken care of.	Tairua Ambulance Station Manager: Kathryn Gillingham	07 8647527
SURF LIFESAVING	Tairua Surf Life Saving Club are committed to the prevention of drowning and injury at Tairua Beach. Tairua Surf Life Saving Club provide life guarding, water safety and education services.		(07) 8647144 tairuaslsc@gmail.com
TRANSPORT Tairua Care and Friendship Club ALLTHE DRIVERS ARE VOLUNTEERS	Community vans, one with hoist, providing transport to Hospitals and other medical appointments and shopping. Also available for group trips and organised entertainment. Area covered: Tairua, Hikuai and Pauanui providing a door-to-door service. Stronger together/kotahitanga.	Marnie Goodman	0211375688
VICTIM SUPPORT	We provide victim support by providing information, support, education and advocacy in a safe and confidential environment.	Pat Kake	0800 842846 0800 VICTIM

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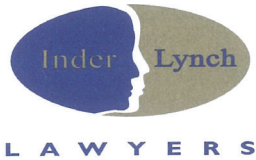
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